

CULTURE AND NATURE, LOWLAND AND MOUNTAINS – TWO COUNTRIES - A WORLD OF CONTRAST

Take your group on a bus tour in Kvarken Destinations! This tour includes easy activities and sightseeing. In the countryside we propose the perfect hotels for your guest. In the cities, you can choose among the hotels and the chains you prefer. Please note, that you need to make the detailed schedule considering the Wasaline timetable. It is up to you to remove activities or places to visit, as well as to extend the visit elsewhere.



High Coast Distillery (Day 1)

There are a lot of distilleries that make great whisky, but some make greater whisky than others. As always, there is no right or wrong when it comes to taste, but quality, precision and local conditions separate distilleries from each other. There is a lot that makes the High Coast Distillery unique. Beautifully located in an old power station by the huge Ångermanälven River, all that is needed to create whisky of high quality. The climate, the location, the raw ingredients ... there are many details that explain the success of High Coast Whisky.



Duration: The guided tour takes 1 hour.

Overnight stay at Hotell Hallstaberget

Transfer/Distance: 45 min (50 km) from High Coast Distillery to Hotell Hallstaberget

The hotel offers the northernmost modern SPA "Hallsta Sky Spa & Relax" with a fantastic panoramic view over Sollefteå and the mountains around. Nice restaurant. 171 rooms.



Naturum Skuleberget (Day 2)

Transfer/Distance: 1 hour 15 min from Hotell Hallstaberget to Naturum Skuleberget.

At the Naturum Visitor Centre at the foot of Skuleberget, you can see exhibitions on land uplift, Skuleskogen National Park and Skuleberget Nature Reserve. The UNESCO World Heritage Site High Coast/Kvarken Archipelago offers a unique opportunity to experience and understand land

uplift. Nowhere else in the world has land uplift been so dramatic since the last ice age. You can see clear evidence of it all around you. The exhibitions at the visitor centre tell you all about the fascination with the High Coast. Take part in our interactive activities.

Duration: The guided tour takes around half an hour.





Skuleskogen Nationalpark Entre West

Transfer/Distance: 9 min (13 km) from Naturum Skuleberget to Skuleskogens Nationalpark

A short hike for approx. 800 meters. The West Entrance is situated in the north-western corner of the national park about 300 meters above the sea. This entrance is very accessible, as are the adjoining paths towards nearby vantage points. From the car park a wide wooden ramp extends 200 meters into the forest to a large wooden deck with seating, a fireplace and information boards about Skuleskogen and the UNESCO World Heritage Site High Coast. From the entrance deck

a gravel walkway adapted for wheelchairs leads out to vantage point on the south-eastern slope.

Duration: 1 hour.

Älgens Hus – The Moose Farm

Transfer/Distance: 2 hours (134 km) from Skuleskogens Nationalpark to Älgens Hus

Älgens Hus (The Elk House), is Europe's first elk park with tame elks. Both adults and kids are fascinated by the King of the Forest. Meeting the huge elks can be a surreal and incredible experience. Being allowed to pat the elks is a unique experience, but the whole area is full of exciting adventures, for anyone regardless of age. The tour includes a slideshow, a guided tour in the museum, for about 30 minutes. Finally, the most exciting moment, saying hello to the noble Elk.

Duration: for the visit is about 2 hours.



Overnight stay in Umeå



Umeå (Day 3)

Transfer/Distance: 55 min (60 km) from Älgens Hus to Umeå centre

Umeå's cultural offerings cover everything from Sámi traditions and the world's most northern Opera house to interesting museums. The university city of Umeå with its 128 000 inhabitants, is the largest city in northern Sweden. Over 30 000 students give the city a youthful, modern touch, and an

international feel. Umeå is known as the Town of Birches, because of the 3000 birch trees in the city center.

Depending on the Ferry timetable, visit attractions in Umeå or in Vaasa. See Kvarken Destinations productmanual or www.kvarkendestinations.com.

Umeå – Vaasa with Wasaline Umeå

Transfer/Distance: Umeå centre to Holmsund, Wasaline Terminal 20 min (20 km) by car



Wasaline transports passengers and vehicles over the Kvarken, the narrowest part of the Gulf of Bothnia, between Umeå in Sweden and Vaasa in Finland. The journey between the two countries only takes 4,5 hours. Wasaline is a reliable and friendly ferry company that prioritizes quality.

Overnight stay in Vaasa

Vaasa

Urban city and beautiful nature can easily be combined in Vaasa on a single visit. Everything in the Vaasa region is close by, and moving from one atmosphere to another is effortless. In the city you will find charming cafés, quality restaurants, trendy speciality shops and a wide selection of cultural experiences.

Kvarken Archipelago, Saltkaret (Day 4)

Transfer/Distance: From Vaasa City to Saltkaret 45 min (38 km)

Saltkaret observation tower is a great place to observe the unique nature in the UNESCO World Heritage Site Kvarken Archipelago and to understand what makes it special. It is easy to get up to the 20 meters high watch tower, which has the shape of a salt shaker. From the top, you will see far away and will better understand the geological phenomenon in the Kvarken Archipelago.



Lunch at restaurant Bernys at Havets Hus (Visitors centre)

The restaurant at the end of the longest bridge Finland's – Replot bridge. Stunning views, comfortable restaurant med delicious meals.

Duration: 4 hours incl. transfer from Vaasa



The Artic museum Nanoq

Transfer/Distance: From Saltkaret to Nanoq 2 hours (140 km) by car

Nanoq was inaugurated in 1991 and over the years has become a genuine Arctic village with many small, interesting huts. Here you can get acquainted with Arctic cultures and customs and hear interesting stories about famous expeditions to the North and South Pole. You can enter the

different buildings, for example an arctic church, they all have their own story to tell. Nanoq has been chosen as the most interesting tourist destination in Finland.

Overnight stay in Jakobstad

Transfer/Distance: From Nanoq to Jakobstad centre 12 min (7,4 km) by car

Tyynelän Tontut (Day 5)

Transfer/Distance: From Jakobstad center Tyynelän Tontut, 10 min (8 km) by car

Walking through the gates in Tyynelä, a 18th century's courtyard, is like taking a trip down memory lane back to your childhood and to Finnish farmer traditions. The residence is full of fascinating details, antiques and beautiful little elves doing their daily work. All elves are handmade, from the body to the cloths, by the owner Eija Porkola. They have their own personality and names, and their own working places.



Duration: 1 hour 30 min

Kokkola Neristan

Transfer/Distance: From Tyynelän Tontut to Neristan, Kokkola 30 min (30 km) by car



Kokkola's old town Neristan with its 12 blocks, is one of Finland's most valuable and best-preserved historical wooden urban districts. This walking tour leads you to lively history! Over the course of time, the city became divided in everyday speech into Neristan (lower town) and Oppistan (upper town). The richest merchants and ship-owners lived in Oppistan, and the city's finest houses and public buildings were located there. Neristan was the residential area for craftsmen and seafarers, the houses there were modest.

Duration: Guided Walking Tour 1 hour



Lunch at Bistro Fiskarbyn

Transfer Distance: 17 min (15,5 km) from Kokkola by car

For groups up to 20 persons lunch in the old boat house on the pier. Groups up to 70 persons restaurant in the centre of the village.

The craterlake Lappajärvi

Transfer/Distance: 1 hour 15 min (90 km)
from Bistro Fiskarbyn to Hotel
Kivitippu/Lappajärvi

Lappajärvi is the biggest impact crater lake in Europe. The azurian lake with its islands creates a beautiful backdrop for a relaxing holiday with actives in the nature.

Option for groups: Cruise on the craterlake.

On the M/S Veannetar you will hear interesting stories about the birth of the lake and the life around it. (1 hour 300 Euro)



Overnight stay at Hotel Kivitippu, Lappajärvi

Hotel Kivitippu, a newly renovated hotel with beautiful surroundings, right at the edge of Europe's largest crater lake. Options for the afternoon are a the crater museum, guided fishing trip, kayaking, hiking, golf or of course - such as Finnish Sauna experience.



Alvar Aalto Centre, Seinäjoki (Day 6)

Transfer/Distance: 1 hour 10 min (83 km) from
Hotel Kivitippu to Alvar Aalto center.

The guided walking tour in the Alvar Aalto Centre, includes buildings like the Lakeuden Risti Church and Seinäjoki City Hall. Along with buildings designed by Aalto, the world famous architect, we will also see the architecturally spectacular Apila library, completed in 2012,

which is located right next to the Aalto Centre and is connected to the Aalto library by a walkway. *Duration:* 1-hour walking tour



Lunch at Hotel Restaurant Alma

Transfer/Distance: 3 min (800 m) from Hotel
Kivitippu to Alvar Aalto center in Seinäjoki, by
car

Hotel and Restaurant Alma is a historical building from 1909, that was originally designed to act as a meeting place for the railroad workers of the area.

Kristinestad

Transfer/Distance: 1 hours 35 min (117 km) by car from Seinäjoki to Kristinestad

Few towns in Finland are as well preserved in terms of the genuine and lovingly maintained and restored town centre. This well-preserved idyll of old wooden houses has a proud history as a commercial and maritime town with a well-established shipbuilding tradition. The town and its environs are full of historical monuments and sights. Chartered in 1649 Kristinestad is a jewel among towns dotted along the Ostrobothnian coast.



Dinner at restaurang Jungman

The best seaside atmosphere in the heart of the little wooden town Kristinestad. Local produce and natural resources occupy the seat of honor in the menu. Dishes cooked in accordance with Jungman's guarantee of culinary craftsmanship from start to finish can be enjoyed summertime on the sunny terrace

by the sea. Unique scenic location with nequaled panorama!